



College of Teacher Education

Center of Training (COT) | Center of Excellence (COE) | Level IV Accredited (AACCUIP)
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BACHELOR OF PHYSICAL EDUCATION

(CMO No. 80, s. 2017)

Starting Academic Year 2018 – 2019

FIRST YEAR

<u>FIRST SEMESTER</u>	UNITS	<u>SECOND SEMESTER</u>	UNITS
GE 1- Logic	3	GE 3- Mathematics in the Modern World	3
GE 2- Understanding the Self	3	Educ 2- Foundation of Special & Inclusive Education	3
Educ 1- Child & Adolescent Learner & Learning Principles	3	Educ 3- Building & Enhancing New Literacies across the Curriculum	3
BPEd 101- Philo-Anthro Foundations of PE & Sports	3	BPEd 103- Physiology of Exercise & Physical Activity	3
BPEd 102- Anatomy & Physiology of Human Movement (Lec&Lab)	5	BPEd 104- Principles of Motor Control & Learning of Exercise, Sports & Dance	3
PE 1- Physical Education 1	2	BPEd 105- Sports & Exercise Physiology	3
NSTP 1- National Service Training Program 1	3	BPEd 106- Movement Education	3
		PE 2- Physical Education 2	3
		NSTP 2- National Service Training Program 2	2
TOTAL UNITS	22	TOTAL UNITS	3
			26

SECOND YEAR

<u>FIRST SEMESTER</u>	UNITS	<u>SECOND SEMESTER</u>	UNITS
GE 4- Ethics	3	GE 5- Purposive Communication	3
Educ 4- Technology for Teaching & Learning	3	GE 6- Wikang Filipino	3
Educ 5- The Teaching Profession	3	Educ 6- Facilitating Learner-Centered Teaching	3
BPEd 107- Philippine Traditional Dances	3	BPEd 111- Philippine Traditional Games	3
BPEd 108- Individual/Dual/Combative Sports	3	BPEd 112- Team Sports	3
BPEd 109- Personal, Community & Environmental Health	3	BPEd 113- Drug Ed., Consumer Health Ed. & Healthy Eating	3
BPEd 110- International Dance and Its Forms	3	BPEd 114- Curriculum & Assessment of PE & Health Ed.	3
PE 3- Physical Education 3	2	PE 4- Physical Education 4	2
Lit 1- Literatures of the Philippines	3	Lit 2- Literatures of the World	3
TOTAL UNITS	26	TOTAL UNITS	26

THIRD YEAR

<u>FIRST SEMESTER</u>	UNITS	<u>SECOND SEMESTER</u>	UNITS
Educ 7- Educational Research	3	Educ 11- Assessment of Learning 2	3
Educ 8- Assessment in Learning 1	3	Educ 12- Field Study 2	3
Educ 9- Field Study 1	3	Educ 13- The Teacher & the Community, School Culture & Organizational Leadership	3
Educ 10- The Teacher & the School Curriculum	3	BPEd 119- Tech. Application in PE & Health Ed.	3
BPEd 115- Swimming & Aquatics	3	BPEd 120- Emergency Preparedness & Safety Management	3
BPEd 116- Research in PE & Health 1	3	BPEd 121- Applied Motor Control & Learning of Exercise, Sports & Dance	3
BPEd 117- Process of Teaching PE and Health	3	BPEd 122- Adapted Physical Education	3
BPEd 118- Coordinated School Health Program	3	BPEd 123- Research in PE & Health 2	3
GE 13- Masining na Pagpapahayag	3	BPEd 124- Elective 1*	3
TOTAL UNITS	27	TOTAL UNITS	27

FOURTH YEAR

<u>FIRST SEMESTER</u>	UNITS	<u>SECOND SEMESTER</u>	UNITS
GE 7- Readings in Phil. History	3	Educ 15- Teaching Internship	6
GE 8- Contemporary World	3		
GE 9- Arts Appreciation	3		
GE 10- Panitikang Filipino	3		
GE 11- The Life & Works of Rizal	3		
GE 12- Science & Technology & Society	3		
Educ 14- Trends & Issues in Education	3		
BPEd 125- Elective 2*	3		
TOTAL UNITS	24	TOTAL UNITS	6

*Electives: Outdoor Adventure Education
 Contemporary Issues in PE & Sports

Prevention & Management of Exercise & Sports Related Injuries
 Administration & Management of PE & Health Education Programs

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